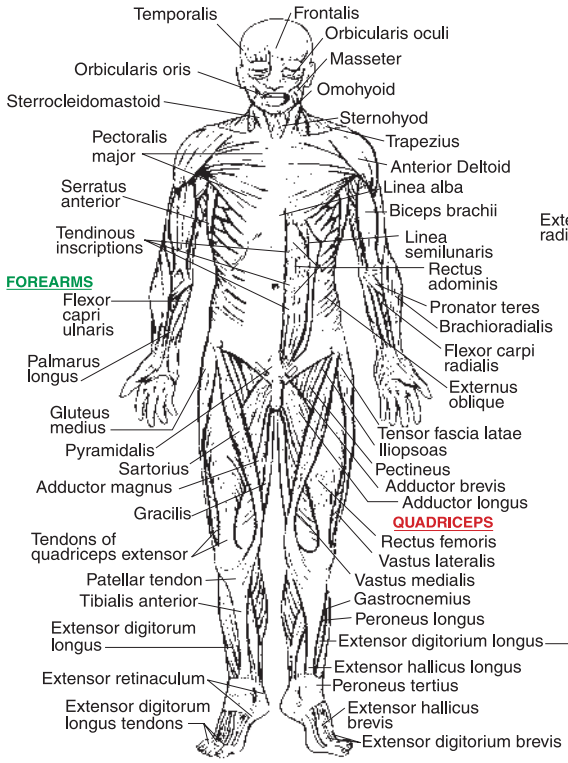
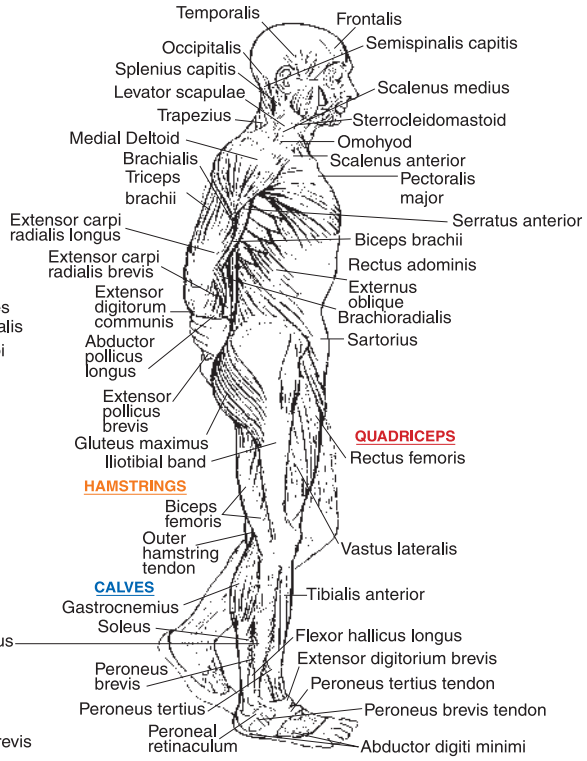
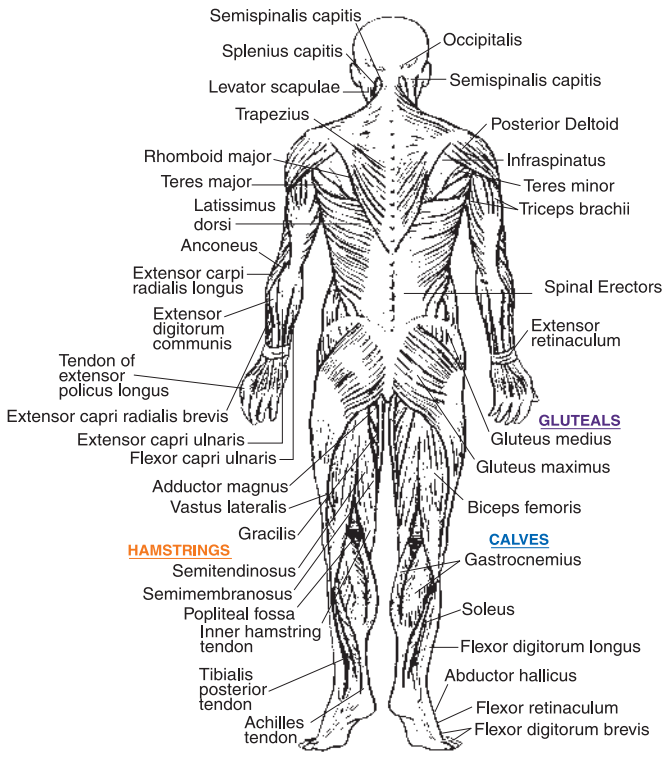
LIVINGBYDESIGN

MOVE EAT THINK

The Muscular System